

**FINAL APPROVED**

**VIRGINIA BOARD OF MEDICINE  
Regulatory Advisory Panel on Opioid Regulations  
Minutes**

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Friday, January 6, 2017                      Department of Health Professions                      Henrico, VA

CALL TO ORDER:                      The meeting convened at 9:11 a.m.

MEMBERS PRESENT:                      Barbara Allison-Bryan, MD, Chair  
                                                         Stephen Long, MD  
                                                         Hughes Melton, MD  
                                                         Katherine Neuhausen, MD  
                                                         Paul Spector, DO

MEMBERS ABSENT:                      None

STAFF PRESENT:                      William L. Harp, MD, Executive Director  
                                                         Jennifer Deschenes, JD, Deputy Executive Director, Discipline  
                                                         David Brown, DC, DHP Director  
                                                         Elaine Yeatts, DHP Senior Policy Analyst  
                                                         Colanthia Morton Opher, Operations Manager  
                                                         Sherry Gibson, Administrative Assistant

OTHERS PRESENT:                      W. Scott Johnson, JD, Medical Society of VA  
                                                         Thomas Reach, MD, Watauga Recovery Center  
                                                         Tyler Cox, Medical Society of VA  
                                                         Julie Galloway, Medical Society of VA  
                                                         Lauren Bates-Rowe, Medical Society of VA  
                                                         Mark Hickman, CSG  
                                                         Donna Proffitt, DMAS

Dr. Allison-Bryan invited all panel members to introduce themselves.

She then stated that the goal for the day was to produce draft regulations for buprenorphine and other opioids that were clear and would provide greater protection for the public.

**ADOPTION OF AGENDA**

Dr. Allison-Bryan asked for a motion to adopt the agenda. The motion was seconded and carried unanimously.

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PUBLIC COMMENT

W. Scott Johnson, JD provided feedback on the Draft Regulations for Pain Management and the Draft Regulations for the Use of Buprenorphine in Office-Based Treatment of Opioid Addiction.

Thomas Reach, MD of Watauga Recovery Center addressed concerns on the prescribing of benzodiazepines and emphasized that caution and good judgement should be utilized.

NEW BUSINESS

Dr. Allison-Bryan led the panel through a thorough discussion of the proposed Draft Regulations for the Use of Buprenorphine in Office-Based Treatment of Opioid Addiction included in the packet. There were a number of revisions and edits made to reflect the expertise of the panel members. Consensus on a set of regulations to send forward to the Legislative Committee on January 27, 2017 was attained.

Dr. Allison-Bryan called a break at 10:40 a.m.

The panel reconvened at 10:51 a.m.

Dr. Allison-Bryan then led the panel through a thorough discussion of the proposed Draft Regulations for Pain Management included in the packet. The 2007 framework of the draft regulations was updated with revisions, deletions and additions. The panel added essential elements from the Centers for Disease Control Guideline for Prescribing Opioids for Pain Management released in 2016. It also streamlined the language to achieve more clarity and remove redundancy. Again, consensus was gained on a work product that could go forward to the Legislative Committee.

Dr. Brown expressed his thanks to the panel for its commitment to this effort and acknowledged Dr. Harp's contribution.

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ADJOURNMENT

With no further business to conduct, the meeting adjourned at 12:29 p.m.

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Barbara Allison-Bryan, MD  
Chairperson

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William L. Harp, MD  
Executive Director

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Sherry Gibson  
Recording Secretary